

**Important Note:** These instructions are general information only and do not take into account your specific circumstance. These instructions are to be used in conjunction with the information provided by your health professional. Do not exceed the Maximum User Weight specified by the manufacturer. If you are unsure on how to use or fit a piece of equipment, please contact your Health Professional.

## Safety Information and Precautions

- A Walking Frame is a mobility device to assist with maneuverability. It allows users with balance or stability issues to walk safely. There are a range of different types of walking frames available.

### How to Use a Walking Frame

1. Ensure the walking frame is fully unfolded and securely locked into place before use.
2. Adjust the height of the frame so the handles are level with the user's wrists when their arms are naturally at their sides.
3. Instruct the user to grip the handles firmly and move the frame forward before taking a step. The user should step into the frame, not behind it, to ensure maximum support and stability.

### Precautions and Safety

- Do not exceed the Safe Working Load as specified by the manufacturer.
- Ensure the frame is on a stable and level surface before use. Avoid using the frame on slippery, wet, or uneven surfaces.
- Inspect the frame regularly for any signs of wear or damage, including the rubber tips on the legs, to prevent slips or instability.
- Be careful when using the frame on carpeted areas or other surfaces that may affect its ease of movement.
- Ensure that the rubber grips on the handles are in good condition and provide a secure hold to prevent the user's hands from slipping.
- When folding the frame for storage or transport, ensure that it is completely unfolded and locked before the next use to avoid collapse during walking.
- Avoid overreaching when using the frame, as this may cause the user to lose balance or tip the frame forward.

### Maintenance and Cleaning

- Please check the product label / user manual for specific cleaning instructions.



- If the equipment appears damaged, DO NOT USE. It may require replacing.
- Regularly check that the rubber tips (or ferrules) on the legs are in good condition and not worn down, as this could cause the frame to slip.
- Clean the frame regularly with a damp cloth and mild detergent. Dry thoroughly after cleaning to avoid rust or damage.
- If the frame is adjustable, ensure the locking mechanisms are functioning properly to prevent accidental height changes during use.
- Store the frame in a dry place to prevent rust and extend its lifespan.

**Disclaimer:** This product safety information sheet is provided for general guidance only and does not replace the manufacturer's user manual or specific safety protocols recommended by the manufacturer. Always adhere to local safety regulations and the manufacturer's recommendations for maintenance, inspection, and operation. Failure to follow proper procedures and obtain appropriate training may result in injury or damage to the equipment.