

Safety Guide

Adjustable Beds

Important Note: These instructions are general information only and do not take into account your specific circumstance. These instructions are to be used in conjunction with the information provided by your health professional. Do not exceed the Maximum User Weight specified by the manufacturer. If you are unsure on how to use or fit a piece of equipment, please contact your Health Professional.

Safety Information and Precautions

- Electric beds come with various adjustable features
 to improve the positioning and comfort of its
 user. They generally come with head elevation
 and knee break, however some models are height
 adjustable, which allows easier bed transfers and
 carer assistance. Trendelenburg is also a function
 that can assist with bed transfers and bed mobility,
 it is a tilt function that places the user on an incline
 either with their head above their legs or where
 the legs are higher than the head. This position can
 also assist with some circulatory medical conditions
 however it is recommended that you speak with
 your doctor before using this feature.
- It is important to ensure that you have a mattress compatible with an adjustable bed and that it is an appropriate mattress for the user's needs and requirements. Considerations include a user's pressure care needs, bed mobility and transfers.
- If you have concerns regarding the choice of mattress or understanding how best to use the electric bed features to assist you and your user, your supplier may suggest you speak with a Healthcare Professional.

How To Use An Adjustable Bed

- Before using the bed ensure the brakes are firmly applied to the bed castors so there is no movement when entering and exiting the bed. Some beds may require the castors unlocked at either head or foot end to allow small movement of castors when raising, lowering or tilting. If using the Trendelenburg feature move the head of the bed away from the wall a few inches to ensure if tilted it does not interfere with the wall or any plug sockets behind it.
- Following the User Instruction manual that comes with your bed, use the remote control or the bed's control buttons to adjust the various positions. Ensure that the person using the bed has the cognitive ability to use the controls safely and correctly.

Precautions and Safety

- Do not exceed the Safe Working Load prescribed by the manfacturer.
- Before leaving a user in the bed, the functions of the



bed should be checked to ensure full functionality is available.

- Ensure that the bed head and foot sections will not come in contact with fixed objects such as window sills and shelves as this can cause damage to the bed.
- Wheels on the bed should be locked once it is positioned in the desired place to avoid it rolling away when user is entering or exiting the bed.
- If the bed is being used with folding side rails, ensure that an Allied Health Professional has assessed the user suitability for restraints.
- Despite safety mechanisms being in place to avoid pinching: fingers, hands, arms and legs should not be put underneath the raised head or leg sections at any time.

Maintenance and Cleaning

- Please check the product label / user manual for specific cleaning instructions.
- Follow instructions on labels where present.
- Because electronics are used on the bed, special care should be taken to avoid getting water on the electrical components.
- Should the equipment appear damaged, DO NOT USE. It may require replacing.

Disclaimer: This product safety information sheet is provided for general guidance only and does not replace the manufacturer's user manual or specific safety protocols recommended by the manufacturer. Always adhere to local safety regulations and the manufacturer's recommendations for maintenance, inspection, and operation. Failure to follow proper procedures and obtain appropriate training may result in injury or damage to the equipment.